

Celebrate with





*Celebrate with intention,
connection, and joy, because
the best memories are made
with **presence**.*





Create Your Perfect Celebration

Looking for a meaningful way to mark a special occasion?

Whether it's a hen do, birthday, or just time to reconnect, we offer bespoke wellness experiences that are fun, nourishing, and totally customisable.

Build your own package from just £65 per person.

Choose from activities like:

- ✨ Sound baths
- 👩‍🦰 ♀ Massages
- 💃 Dance workshops
- 🧘‍♀️ ♀ Yoga
- 📝 Journaling
- 🌿 Nature walks
- 🍫 Cacao ceremonies
- 🎨 Flower crown making
- 💖 Women's circles
- 🧘 Guided meditation
- & more

We also provide delicious, beautifully presented catering for all dietary needs.



Calm, Cake & Connection

Celebrate your birthday with presence, peace, and people who lift you up

Sample package, based on parties of 10, (capacity 15):

10:30 - 11am	Arrival & refreshments
11am - 12pm	Yoga
12pm - 1pm	A nutritious two course lunch (and cake!)
1pm - 2pm	Soundbath

Includes hosts, welcome juices and wellbeing goody bag.

£65 per person



Zen Do

A soulful send-off for those who want more meaning and less mayhem.

Sample package, based on parties of 10, (capacity 15):

10:30 - 11am	Arrival & refreshments
11am - 12pm	Dance class
12pm - 1pm	A nutritious two course lunch
1pm - 3pm	Mini massages & Flower crown making
3pm - 4pm	Allocated time for zen do party games
4pm - 5pm	Soundbath

£149 per person

Includes hosts, welcome juices and wellbeing goody bag.



Glow Up Gathering

Your personalised day to rest, realign, and rise, because your glow starts within.

Sample Package, based on parties of 10, (capacity 15):

10:30 - 11am	Arrival & refreshments
11am - 12pm	Yoga
12pm - 1pm	A nutritious two course lunch
1pm - 2:30pm	Affirmation workshop & journaling
2:30pm - 3:30pm	Soundbath
3:30pm - 4pm	Meditation

Includes hosts, welcome juices and wellbeing goody bag.

£119 per person



Bespoke Packages

Let's make your special day unique to you. Book a consultation and we can discuss ideas to make it your perfect day.

**Contact hello@thenesthinckley.co.uk
to discuss your celebration**

